CURRICULUM VITAE

NAME: Dr Mark C Westacott ClinPsyD MPhil (Cantab) MSc BA (Hons) CPsychol AFBPsS

ACADEMIC AND PROFESSIONAL QUALIFICATIONS:

BA(Hons) Psychology. First Class	1990
MSc Research Methods in Psychology. Distinction	1992
MPhil (Cantab) Psychopathology	1993
ClinPsyD Doctorate in Clinical Psychology	1995
Postgraduate Diploma in Cognitive Analytic Therapy	2000
Postgraduate Certificate in Higher Education Practice	2007
European Certificate in Psychotraumatology	2014

MEMBERSHIP OF PROFESSIONAL BODIES:

Associate Fellow of the British Psychological Society and Chartered Clinical Psychologist (No: 030328)

Health and Care Professions Council (HCPC) Practitioner Clinical Psychologist (No: PYL22273)

Member of the British Association for Behavioural and Cognitive Psychotherapies (BABCP) and Accredited Cognitive Behavioural Psychotherapist.

Honorary Life Member of the Association for Cognitive Analytic Therapy (ACAT) and Accredited Cognitive Analytic Therapist, Supervisor and Trainer.

Member of the Eye Movement Desensitisation and Reprocessing (EMDR) Association UK and Ireland.

Member European Society for Traumatic Stress Studies (ESTSS).

Member of the UK Psychological Trauma Society (UK-PTS).

PREVIOUS EMPLOYMENT HISTORY

I qualified as a Clinical Psychologist in 1995 and have been a Consultant Clinical Psychologist since 1999. I am also a qualified Cognitive Behavioural Therapist and a qualified Cognitive Analytic Therapist. My employment history since qualifying is as follows:

1995 – 1997 Cambridge & Peterborough NHS Trust. Clinical and Forensic Psychologist in the Cambridge Adult Mental Health Service and the High Dependency Unit at Fulbourn Hospital, Cambridge.

1997 – 2002 Kneesworth House Medium Secure Unit, Royston. Consultant Forensic Clinical Psychologist/

Lead Psychologist for the Mental Health Service and Personality Disorder Units. (I was made a Consultant in 1999).

2002 – 2007 Clinical Tutor in Clinical Psychology and Cognitive Analytic Therapy Course Director at the University of East Anglia, Norwich.

2003 – 2005 Cambridge & Peterborough NHS Trust. Consultant Clinical and Forensic Psychologist. Lead Psychologist for the Huntingdon Community Forensic Service.

2006 – 2011 Chair of the Association for Cognitive Analytic Therapy (ACAT) and founded member of The International Association for Cognitive Analytic Therapy (ICATA).

CURRENT ROLES

Since 2007 I have been a Consultant Clinical Psychologist at Prior Consulting, an independent clinical psychology assessment and treatment service in Cambridge. The practice specialises in the assessment and treatments of adolescents and adults with a range of mental health problems including mood and anxiety disorders, PTSD and traumatic stress, behavioural and substance addictions, attention deficit problems, autistic spectrum disorders, interpersonal difficulties and personality disorder. In addition to my clinic work I have a number of other roles:

Visiting Lecturer in Clinical Psychology at the University of East Anglia and the NHS East Anglia Cognitive Analytic Therapy Course.

External Examiner for the Norfolk and Manchester postgraduate diploma courses in Cognitive Analytic Therapy.

Associate Lecturer in Cognitive Analytic Therapy at Sheffield Hallam University.

External Clinical Supervisor to the Clinical Psychology Department at Kneesworth House Hospital, Royston (medium secure forensic unit).

Clinical supervisor to clinical psychologists in the adolescent and adult mental health services at St Andrew's Hospital, Northampton and Chadwick Lodge in Milton Keynes.

PUBLICATIONS AND PAPERS

Westacott. M. C. (1995) *Strategies for managing auditory hallucinations*. Nursing Times, 91(3), 35 – 7.

Westacott, M. C. (1996) *Psychosis: Keeping the brain in mind*. Clinical Psychology Forum, July.

Westacott, M. C. (2003) *CAT in Forensic Settings*. Paper presented at the 2003 ACAT Conference, London.

Westacott, M. C. (2006) *CAT and Dissociative Murder*. In P. Pollock (Ed.) Cognitive Analytic Therapy for Offenders: A New Approach to Forensic Psychotherapy.

Chichester: John Wiley & Sons.

Westacott. M.C. (2015). Supervising Non-CAT Therapists. In D. Pickvance (Ed.) Supervision in Cognitive Analytic Therapy. Routledge. In Press.

H.Odell-Miller, P. Hughes and M. Westacott (2006) *An investigation into the effectiveness of the arts therapies for adults with continuing mental health problems*, Psychotherapy Research 16(1), 122-139.

Koch, H., McCarron, J. Bird, D. & Westacott, M. (2004) *Adjusting to Road Traffic Accidents.* APIL, Vol. 13, Issue 3.

Ridgeway, N., Manning, J. & Westacott, M. C. (2004) "*An examination of the impact of self-representations on interpersonal problem solving ability, affect, and levels of general self-efficacy in a clinically depressed population and a matched non-depressed control group*". Paper presented at EABCT conference, Manchester.

Shine, L. & Westacott, M. (2010). *Reformulation in cognitive analytic therapy: Effects on the working alliance and the client's perspective on change*. Psychology and Psychotherapy: Theory Research and Practice, 8, 2, pp.161 – 177.

MEDICO-LEGAL TRAINING

I have been preparing reports in personal injury, clinical negligence, employment and criminal cases since 1995 and have prepared over 800 reports. I completed the Bond Solon Certificate in Civil Procedure Rules for Expert Witnesses in 2011, the Expert Witness Institute Certificate in Medico-Legal Report Writing in Civil Claims in 2013 and the Cardiff University Foundation Certificate in Medico-Legal Practice in 2015.

 In personal injury cases, about 50% of reports have been for claimant, 40% defendant and about 10% of these have been single joint instructions. I have given evidence in Court, at GMC hearings and in Mental Health Review Tribunals. I am a member of the Expert Witness Institute and the Cambridge Medico-Legal Forum.

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